



EMUS DROP-INS

RUGBY FEAST OF FOOD

It was a magnificent long weekend of rugby at Emus Endeavour Oval, which hosted the State U/14 Championships. The weather was magic, the football flowing and the cooked food and brewed coffee all wonderful. If a busy kitchen is a happy kitchen, then our Canteen, Coffee Bar and Roast Meat Van were delirious as many of the visitors to our city nutritionally overachieved during the three days.

A huge thank you to the army of volunteers who made all of this possible, especially our amazing women whose drive, energy and enterprise made sure that everything was impeccable. Also thanks to the men, especially those who spent so much time in the shed 'fixing the machinery' and those at the BBQ with the 'special coffee'. If we are what we eat, then we're tasty, healthy, easy, and cheap.

HORMONE FOOD

One notable feature of the carnival was the size of many of these kids. I know as you get older you shrink, but surely I could not have shrunk that much: I can still fit into my 80s silver, parachute pants....that I still wear on occasions – with my fingerless gloves. But what are they feeding young'uns today? Has Genetically Modified food gone too far? One Sydney family had a drumstick for each of its five members, all from the same chicken! While I swear one homemade Dagwood Dog fetched its own stick!

The size of some early maturers may end up discouraging others from continuing in the game, which is a loss to the individual and a loss to the sport. It's a growing problem. In my day if you wanted to get bigger you had a kilo of meat, then added a dash of meat, before applying a sprinkle of meat, all topped with sauce made from meat. (My ancestors did not fight their way to the top of the food chain to have me be a vegetarian) Today there are all sorts of additives and supplements put into food that must cause a worry. But not all of those involved are convinced of this: "There is no absolute proof that GM food is dangerous to humans" said one carrot.

THE DOTTED LINE

It's easy to get into a rut, but the best way to jump start the quality of your time-off is by mixing with others. From 6.30pm onwards tonight at our Woodward St clubhouse, Emus are having a membership sign-on for new and old members. Current members please spread the word. Food is available and so is the bar, while meeting new and old friends is a speciality. Do yourself a favour - even busy ants have time to attend picnics - and come on down to Emus and put your X on the line.

P.S. Welcome back to famous Emu, Butch McKenzie, who re-signed last week by scribing 3 Xs on a membership form instead of his normal 2 Xs. Apparently, now that he is a respected elder of the club, he wanted to include his middle name.

If you cannot make it, then you are welcomed to our ground on Saturday as we host the derby clash against City. Games start with the Juniors at 9.30am and the Women's Rugby Gala Day - featuring four clubs playing two games each - starting at 10am. Congratulations to our wonderful women, Aleasha Clinghan and Jessica Scadding, who have been selected to represent NSW Country. The whole club is proud of you.

Wallas are at Forbes this Sunday.

DIARY DATE

THE WINTER SOLSTICE BALL is on the 28 June at Emus: three course meal, Champers and mulled wine on entry, live music and plenty of fun. Tickets \$100 or \$200 for two. On sale at the club (63612994) and at Tony Leaheys Motor Group, **19 Cameron Place (6393 7200)**. As a way of helping others during these cold months please bring a bag of clothing on the night...you know, Druid robes, old flying broom sticks, pointed black hats, that sort of thing.

WARNING: Dates in Calendar are closer than they appear.

Be proud of our wonderful city and say G'day

Tony Leahey
motor group

driving all the way!



RANGE ROVER



HYUNDAI



25 Cameron Place, Orange **6393 7200**